



WorkLife Resource Connection

Providing weekly resources to support Providence St. Joseph Caregivers and their families.

Issue 12
August 4, 2020

BACK TO SCHOOL RESOURCES

The 2020-2021 school year is upon us and returning to school may be a reality for many students across the country. Schools may be returning to in-person instruction, hybrid learning, or 100% distance learning. The following resources may be helpful in guiding parents, caregivers, and students as they prepare for school.

K-12 Instruction

The CDC has developed a tool to help families assess for COVID-19 risk and whether children should return to full in-person instruction in the fall. The have also established a checklist that families can use to help them prepare for face to face interactions.

- [CDC - Decision Tool](#)
- [CDC - Parent Checklist](#)

The following resources may also be of interest:

- [Healthy Children – Returning to School During COVID-19](#)
- [UNICEF – Supporting Your Child’s Mental Health as they Return to School](#)

College

Returning to college during a pandemic can also prove to be challenging. The following articles offer tips to make this process easier, as many campuses will remain in a distance learning environment come Fall.

- [CollegeExpress - COVID-19 Resources for College Students](#)
- [Petersons - Conquering COVID-19 Checklist](#)

CAP is available to assist you 24 hours a day, 7 days a week. WorkLife Services can locate resources in the following areas: Special Needs, Convenience Services, Chronic Conditions, Childcare, Parenting Support, Adult/Elder Resources, and Life Learning. To access support and resources, please reach out to EAP and WorkLife Services at (844) 875-5716. You can also access tools, resources and an extensive article library on the web at www.liveandworkwell.com. Once on the site, you will need to enter your access code, which is ChooseWell.